

MEMBERSHIP FORM

Name.....Signature.....

Address.....

.....

Telephone no.....Date.....

Email.....

Subscription: Individual **£12** / Family **£18** (delete as necessary)

For Family Membership, please provide names of members:

Family Member.....

Family Member..... £.....

Donation included £.....

Total £.....

Please make cheque payable to **M.E. Support-Norfolk** and post with this form to:

John Sayer (MES-N Sec), 43 Catton Chase, Old Catton, Norwich NR6 7AS

Required details if paying by Bank Transfer:

M.E. Support - Norfolk / Sort Code 20-92-08 / Account No. 80324574

Please use your full name as reference and email John at **johnsayer23@btinternet.com** to tell us you have paid. If paying by Bank Transfer, due to GDPR rules we still require a signed membership form.

**DATA PROTECTION: TO ENSURE YOU RECEIVE THE FULL BENEFITS OF MEMBERSHIP
WE NOW REQUIRE YOUR PERMISSION TO DO SO**

If you would like us to contact you, please tick the relevant box(es):

Phone ☐ Post ☐ Text ☐ Email ☐

We assure you that your details will never be sold.

We will only use them to ensure that you receive our monthly newsletter (MEMO) and to inform you about any news about the illness, upcoming events, fundraising or other items of legitimate interest. But remember, you're in control. You have the right to opt out of our communications at any time. Just let us know.

M.E. SUPPORT-NORFOLK

Mobile: 07392 - 597131 Email: supportline@mesupportnorfolk.me